

## *Why come to a retreat?*

*A retreat offers a **safespace** to draw closer to God and experience encouragement on that journey .*

*It is a time of building relationships with others in the church, as well as cultivating a deeper relationship with God.*

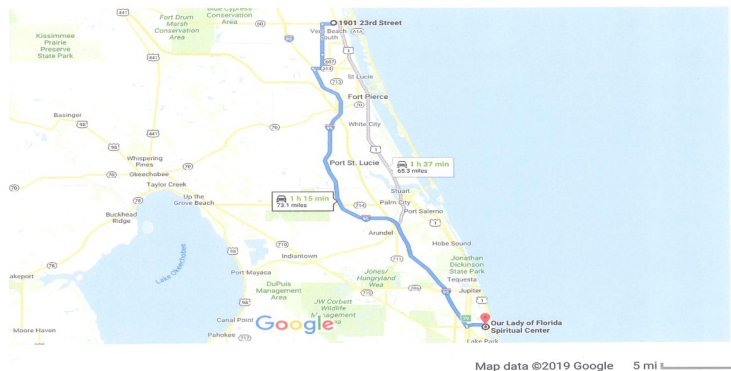
*This is supported through times of fellowship, prayer, worship, sharing meals, time in nature, silence, laughter and good food.*

*We believe this time will be rich and encouraging to women of all ages in whatever season of life you find yourself.*

### **2020 Retreat Committee**

*Sharon Richards  
Glenda Taylor  
Carla Flournoy  
Rev. Elizabeth Johnson  
Elaine Matthes*

*Our Lady of Florida Retreat Center  
1300 U S Hwy #1, N. Palm Beach, FL*



## *Befriending the Soul*

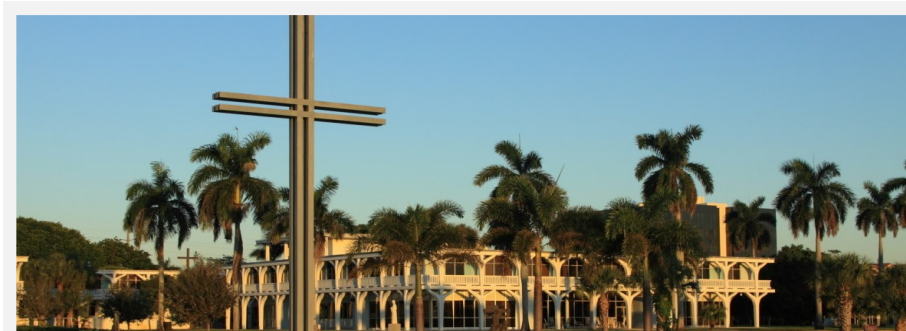
*Community Church of Vero Beach*

*Women's Retreat, 2020*

*Thursday, March 12th at noon thru  
Friday, March 13th at 3:00 p.m.*



## Our Lady of Florida Retreat Center



### *Led by Rev. Dr. Anna V. Copeland*

*Dr. Copeland brings amazing gifts, skills and talents to us through her education and experiences. She has a Master's Degree in Counseling Psychology, a Master of Divinity and a Doctor of Ministry. Serving for over three decades as a Senior Minister she is passionate about equipping people of faith in following the Way of Jesus. Having led many retreats during*

*her years of ministry we are excited to share this time with her.*

*We are called to be Christ to one another, but without tending to our own souls, that is impossible to do. Come learn how to "befriend" your soul.*

*For questions, please call Elaine Matthes  
(772)469-2309 or email [elaine.matthes@ccovb.org](mailto:elaine.matthes@ccovb.org)*



*Community Church of Vero Beach*

*2020 Women's Retreat*

## *Befriending the Soul*

*Name: \_\_\_\_\_*

*Address: \_\_\_\_\_*

*Phones: \_\_\_\_\_*

*Email: \_\_\_\_\_*

*I am enclosing a check made out to Community Church for:*

*\_\_\_\_\$210\* for a private room, four conference meals and all program fees*

*Partial Scholarship Aid is available. Contact Elaine Matthes at (772) 469-2309 for confidential inquiries.*

*Please list any special dietary needs:*

*\_\_\_\_\_*

*\_\_\_\_\_ I am interested in carpooling.*

*\_\_\_\_\_ I am willing to drive and carpool.*

***Deadline to register is March 2, 2020***

*Please arrive Thursday, March 12 anytime after 10 a.m. but in time to join us for lunch at noon.*

*\*Please note if you need to cancel you may be liable for the full amount unless a replacement is available.*